

Three Goals to Reach in the Next Ninety Days

What are the goals you most want to set for yourself for the next 90 days? Please select only those goals that you really want, not the ones you should, could, ought to, or “might” want. Look deep inside and then write down your three personal and spiritual goals. Be prepared to discuss these. When you set the right goals for yourself, you will feel excited, a little nervous, yet ready and willing to go for it!

| The Specific, Measurable Goals | Start | Finish |
|---------------------------------------|--------------|---------------|
| 1. _____ | _____ | _____ |
| 2. _____ | _____ | _____ |
| 3. _____ | _____ | _____ |

What are the personal and spiritual benefits to you of accomplishing these goals?

1. _____
2. _____
3. _____
4. _____
5. _____

Write out a three-step action plan or strategy for each goal.

Goal One

1. _____
2. _____
3. _____

Goal Two

1. _____

2. _____

3. _____

Goal Three

1. _____

2. _____

3. _____

